

OF LOVE

When you are in love, you are concerned with the giving, rather than the receiving.

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Love's sorrow is to awaken and find ^{love}one you've never known.

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It is better to love than to feel hate, and better to hate than to feel nothing at all.

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You must first love yourself before you can have love to give, and you must first respect yourself before you can respect others.

—Francie

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CHAPTER TWENTY-TWO

Finding Your True Love

The extreme disparity that separated the sexes for thousands of years is rapidly diminishing. The opposite sex isn't quite so opposite anymore.

The stereotypical roles which we were once to assume as behavioral role-models—the career-minded male and the housekeeping female—are no longer being taught and touted as divine and sacrosanct laws. Although one still views the stubborn remnants of such clichés in the various entertainment media, where too often women are lacking in brains and clothing and are willingly subjugated by insensitive macho men, more and more modern females believe themselves to be capable of both careers and motherhood, and increasingly large numbers of males insist that they can function as provider and house-husband.

Men and women are recognizing how alike they truly are in their responsibilities, their needs, and their basic desires. And they are willing to admit openly that they both enjoy sympathy, human warmth, and the support of others.

The extreme polarity so long evidenced throughout society is lessening in its intensity. Soon a balance will be established between male and female, and the ex-

pressions of sexuality will be equalized.

Often things manifest outwardly before the true birth is achieved inwardly. This is most obvious in the contemporary styles of dress, where boys' and girls' clothing become interchangeable. And look at today's social dancing, where there is no dominant partner leading the other. In our personal relationships, as well, the two sexes are coming to share equally in all responsibilities which are allotted to the situation.

As sexual polarities diminish and equality and balance within is even more greatly achieved, men and women will walk hand-in-hand into the future, accomplishing more than they ever did while opposed to one another. Opposites will no longer attract, but likenesses will prevail in personal relationships.

To comment a bit more about the above statement, it was for a time a prevailing truism that those with opposite personality types would frequently be drawn to one another. Sometimes this appeared to be a matter of one of the partners compensating for a deficit in his own personality which he felt the other supplied. The "spark," the attraction, that occurred between opposite personality types was often merely that of an erotic type of fleeting love. Two strangers meeting may sometime precipitate such a spark of physical attraction, but it is not a lasting thing on which to build a long-term relationship.

Erotic love rarely has the opportunity to develop into anything more, for the two people involved generally have nothing else in common upon which to continue their interaction. In its initial stages, erotic love may easily be confused with true love, for the emotions may deceive the receptive heart.

Erotic love seldom lasts beyond the stage of getting to know one another. Researchers assess the average length of time for erotic love to continue is under eight months. Rarely can it exist more than a year.

Erotic love is an expression of passion, an emotional attachment. There is seldom a giving of self, but, generally, only a taking of the other, for the purpose of

momentarily satisfying sexual hungers. Those men and women who become involved in such a fleeting type of love are usually seeking support for a weak, imbalanced personality.

The energy-entity that is created by this type of conjunction will be one that will never mature. It will be misshapen, weak, and spawn disillusionment for those who have created it. Very often one of the partners will, of necessity, become subjugated to the will of the other, until the death of the energy-entity occurs, and those involved part company.

Erotic lovers are those who are not aware of their spiritual selves. They lack the awareness of their Soul, and they exist without knowledge of the Divine Plan of God.

It is tragic when a sensitive, loving, balanced individual falls in love with someone who is capable only of erotic love. Once the intimacy has been exhausted, the conquering partner will lose interest and dissolve the affair. The one who truly loved must suffer great pain, and runs the risk of becoming embittered and reluctant to love again.

Erotic love is conditional love, for there are many stipulations placed on such a fleeting form of love. Conditional love is love whose strength has been weakened, whose purity has been diluted, until little love remains at all. Erotic love is just one of many forms of conditionally given love.

When you wonder just how much love you truly feel for anyone or any living things, you need only ask yourself how many conditions you have placed on your love. In other words, how much love would survive if the object of your affections did not live up to all that was expected of him or her? How much love would remain if your spouse or lover did not live up to your expectations? If he or she did not return the type and the amount of love that you expected him or her to return? If he or she did not perform according to your needs, your wants, your desires?

Conditional love is the breeding ground of chaos, for

an imbalance exists within it, and there is much room for misunderstanding, misrepresentation, and discontent. Many people have conditional love for all living things. They love their friends *if* they act according to their expectations. They love their mates or their lovers *if* they deliver all that is expected. They love their pets *if* they perform according to their desires, *if* they obey all their commands. They love their plants *if* they blossom attractively and bring them the admiration of friends and visitors. But is this truly love?

* Conditional love is a rudimentary type of love. It is a primary love, an undeveloped love. When given by an adult, it is a pretense of love, a mockery.

→ The fewer conditions we place on love, the more we have permitted that love to be strong. Love need never be earned. It should be given freely to all living things.

→ There is a well-known old saying that befits this conditional type of love in regard to friends. There are those friends who are only present when all is well, when there is a certain reward for any energies they might expend. These are called "sunshine friends," for they are only to be seen when the sun is shining. Many people can only give "sunshine" love—love that can only be seen when the sun shines and all is well, and which disappears when troubles creep in and darkness prevails.

• When you think of the type of love you have for another, can you honestly say, in regard to that person, that you love him or her just for being, just for existing? Or do you place conditions on your love? If the latter is true, then the love you feel is immature. Conditional love is immature, undeveloped love. It is the first type of love felt by a child.

In the beginning of our lives we cry and call out for someone to provide our every need. We demand that all comforts and desires be supplied by another. As we begin to mature, we gradually cease in our expectations of others to provide all that we may need and desire, and we begin to obtain these things for ourselves.

The love a child in its primary stages feels is very con-

ditional, as well as natural, for the child is totally dependent upon others. Some people go no further in their ability to give love than they were able to give as children. Their love is still at that primary, undeveloped stage.

It is very easy to witness the conditional type of love that a child gives. We have all observed the anger well up within a child when his or her desires are not met. Many children have been heard to loudly voice their discontent or their hatred for a parent or another who did not live up to their expectations, their demands.

When we expect another to provide all of our needs, fulfill all of our desires, we are as children. The type of love such immature people are capable of giving is conditional love. Conditional love, felt by an adult, is love within that individual that has not been permitted to grow, to mature, to blossom. Instead, the conditions placed upon that person's love act as barriers, as tight enclosures which contain it so that even the growth of the individual is stunted, and love becomes doomed.

Those whose love is contained, whose love is immature and conditional, must learn to permit their love to grow. They must learn to remove the barriers they have erected, the conditions they have placed on their love. We must learn to love unconditionally, openly, purely, and to give unconditional love to all living things.

This does not mean that one who unconditionally loves another need permit that individual to victimize them, to misuse them, or to abuse them while they continue unconditionally, in close proximity, to give love. If any person interferes with another's way of going, if any person obstructs another's path to God and keeps one from fulfilling his or her mission on Earth, one can continue unconditionally to love that individual—but from afar.

In other words, we need not remain in the presence of such an individual, within reach of one so emotionally retarded. We should remove ourselves from his or her grasp and continue to love that person from a safer

distance. We should feel pity for such people whose energies are spent totally on themselves, or in ways of destruction, for they are imbalanced in their thinking, in their way of going, and are incapable of unconditional love. We should pray for such individuals, but we should never permit them to disharmoniously affect our lives.

Love unconditionally all living things, but be wise in your choice of with whom you will closely associate, so that you will not be subjected and victimized by those who do not know of love.

One should carefully consider the danger, the risk, and the small chance of success in matching his or her unconditional love against the love of another who loves conditionally, in the hopes of teaching that person to fully and openly love.

Quite frequently, the one who loves unconditionally will be the victim of the other, and with ensuing despondency and inevitable depression resulting, he or she may feel in fear of ever again unconditionally loving another.

Those capable of unconditional love should primarily seek the close company of others who can also love unconditionally, so that together they may unite their energies, thus becoming stronger, and together expend their efforts toward aiding many others less aware.

In the coming years, those men and women who have awareness will increasingly become attracted magnetically to those who are like them. In addition, they will be attracted to those regions on the globe where balance and vibrations of the highest, most harmonious, order exist.

Those who live in accordance with the Divine Plan, who love unconditionally, will travel to those areas and form major enterprises, communities, and spiritual centers with others of like vibration. Those people who have Soul contact will be drawn to those of like nature so that they might aid one another and others in surviving the difficult coming times of transition. Those

men and women who reflect their Souls will inherit the new Earth that is being born. 14

As we have learned, each person is but a fragment of his or her Soul, so those men and women who reflect their Souls can only become appalled by the behavior of those who live without unconditional love and without awareness of the spiritual self. A true and lasting love is possible only between two people who reflect their Souls, who live in accordance to the Divine Plan of God. Love between two individuals who have attained higher awareness, who have learned of their spiritual heritage, and who have achieved a balance within which leads them to a similar goal, have found a love that is true and lasting. X

Brad and I were drawn together to fulfill our purpose in being. We are alike in our sense of mission, our goals, and our dedication to raising the consciousness of humankind. We seek always to give of the spiritual gifts which have been bestowed upon us. We are lightbearers, and we try daily to reflect the ways of our Souls. It is our everlasting wish to live in fulfillment of the Divine Plan of God and to permit such knowledge to affect our actions and our interactions. We desire earnestly to continue to be children of the Christ Vibration, children of God.

As we have sought fervently to practice the above, our love has been allowed to grow. The energy-entity that was created by our union has been permitted to evolve toward ever greater maturity. We can now begin to take from the marriage in equal measure to that which we put into it, thereby keeping the energy of our union in balance, so that its strength might endure.

As I have said, in the New Age soon dawning, opposites will no longer attract. There will be peace, harmony, and balance between the sexes, and those who reflect their Souls will join in unions with others who live according to the Divine Plan.

The difference between the two types of love which result in either conditional, erotic unions or unco-

tional, true-love unions is depicted in the following poem:

LOVE'S DIFFERENCE

When 'tis not love, but merely passion,
It gnaws with hunger deep within,
And feeds upon the nearest flesh,
And leaves one empty once again.

For want of comfort, stirred the longing,
And fears in life did spur it all,
A seeking of a true love feeling,
And no one answering to the call.

But when 'tis love a glow does grow,
That emanates from heart and soul,
And fills one's limbs in expanding fashion,
Far surpassing normal passion;
And reaches forth as an endless river,
'Til there's no line 'tween receiver and giver;
Scattering itself 'cross all life's scenes,
Fulfilling lovers' hopes and dreams.

—Francie

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On its own, the human facet is without depth, lacking awareness of its spiritual self and its spiritual heritage. Lacking such insights, the human facet is no higher than the instinctually led animals of the field, for its concerns will evolve totally around its needs and its survival. Devoid of such awareness, it will be insensitive to the feelings and the needs of others. It will be given to thoughtless, reckless, or even destructive acts. It would be totally involved with its own ego, its own self-satisfaction.

Regretfully, there are far too many men and women

who fit the above description. Alas, it may be that the majority of people have not yet learned to reflect their Souls, to live in accordance with the Divine Plan, and to practice unconditional love. 15

Love is far more than a state of mind. Love is the highest of all vibrations that exist here on Earth. Unconditional Love is love in its purest form. LOVE ← i

When we believe ourselves to be in love with someone, but do not feel love for all living things, then we do not truly love that person, nor do we know what love truly is. We are practicing conditional love with all of life; love with strictures and rules placed upon it. We are expressing the kind of love that says, "I'll love you if you love me . . . I'll be good to you if you do certain things for me." Conditional love is more a form of bartering, than loving. x

Love is not just a feeling that we have for one person . . . or even for several . . . it is the ability to care truly, unconditionally, for the welfare of other living people, for all living things. Love is the power of life. Love is the highest frequency available to humankind, and it must be expressed toward all living things. Love flows throughout the Christ Vibration, the Divine Plan of God, and nurtures all that it touches. Love is God. *

In order to understand fully the concept of unconditional love, you must first become aware. You must practice meditation in order to attain contact with your Soul. You must live in accordance with the Divine Plan, so that you will be magnetically drawn to others of like interests, beliefs, goals, and mission. You must learn to channel your energies harmoniously, lovingly, before you attempt to enter into a love relationship with another.

Before you will be capable of giving true love, the energy which exists in your mind and in your heart must be unrestricted. Any restriction in your attitude of love will not permit your system to vibrate to its fullest capacity. Such restriction can literally, disharmoniously affect the complete electrical system of your body, creating an imbalance and a malfunctioning of your

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glands and your various organs, and disease will ensue.

Unconditional love allows the spiritual body and the physical body to vibrate with health, to become rhythmically attuned, and to function as a totally balanced vehicle of your energies.

Evolved, Soul-reflecting individuals will join with one another, and the joy that issues from such unions is without boundaries. Male and female counterparts truly share with one another and expand in all their thoughts, words, actions, and goals. Such partners go forth to accomplish many deeds together, acts which will benefit them as well as all of humankind, which in turn benefits all of life, fulfilling God's Plan. Mates who are attuned to one another will experience the heights of true ecstasy and will come to understand fully the complete meaning of that oft-spoken phrase: "And they shall become as one flesh," united under God.

When people who reflect their Souls join together, all that they will do will be blessed, and they will be as one.

Rearing the New-Age Child for Tomorrow's World

We tend to raise our children by the standards which are in vogue. As best we can, we attempt to pattern our children according to the general disciplinary attitude that currently governs our society.

There have been times when it has been commonly accepted that a child should be seen and not heard. Children were not permitted to speak their views, and they were frequently exploited as cheap labor who dared not voice an objection. Discipline was exceedingly harsh, and strappings were commonplace. Fathers boxed their sons' ears for minor infractions of behavior, and mothers dared not interfere with what was generally believed to be the proper form of correction.

As a pendulum extends its measured span from one side to another, so have the techniques of child rearing swung from one extreme to another. Following the times of extremely harsh discipline, there have been periods of practically no discipline at all, in which children not only spoke their opinions, they shouted pretty much whatever they pleased, vociferously objecting to their parents' wishes.

Let us hope that such divergent methods are behind us, and let us now strive for a workable middle ground

in the rearing of the New-Age Child.

A realization should be reached by the parents that a child should be permitted to express his or her feelings and to expend a certain amount of energy, but no child should be permitted to lose control of its emotions. Children should be taught to respect the parents' views and the guidelines which the adults will provide. At the same time that the parents are restricting behavior, they should also make their children aware that love is always available to them throughout their entire learning period.

If you are a parent now, or about to become one, you will want your child to be unhampered in its personal realization of life. You want your child to be capable of conversing intelligently, while at the same time expanding his or her concepts and knowledge through interaction with others. And you will certainly wish your child to be respectful and compassionate in all relationships with others.

As a sensitive individual, you are quite aware that a New Age is dawning throughout the entire world. There is a new seedling emerging, and a new generation will come to live, love, and flourish as no other has been able to achieve in the history of this planet. At this time above all, the role of a parent is of utmost importance, for you will have a part in the age that is about to commence. Now more than ever you must observe the ways to guide, to rear, and to aid your child, for it is you who will usher in the child of tomorrow's world, the Star Child.

The Mother cried from Creation's pain,
 "He's mine, all mine! From my body he came!"
 And God spoke: "'Tis but a fragment of life, a part of
 the whole. To you, your child. To me, a Soul!"

At once, you, as a sensitive parent, should practice in earnest a chosen form of daily meditation in order to establish full communication and receive guidance from

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 your Higher Self, and your Guardian Angel. And, through such meditation, you will also come to know the angel who guides your child's Soul.

You will also come to understand that your child is not truly yours, but it belongs to the Christ Vibration, to all of creation, to God. You and your spouse may have created the flesh of your child, but you did not create its spirit. *

You and your spouse are the Soul-chosen earthly guides of your child. It is your responsibility to show your child the ways of love and to give him or her lessons in living and in understanding. By teaching the ways of proper living and loving you will aid your child's spirit in its return to the Creator from whence it came.

It is only because of ignorance that we hinder a child in attaining the truths which must be learned. In ignorance we violate our children and thwart their learning processes. Through our lack of knowledge, we fear all that we cannot understand.

We fear the continual changes that are evident throughout life. The thoughts, desires, and freedoms of our childhood pass. The pets we once cherished as a youth have all died. Our childhood friends have dispersed, and we see them no more. We eventually suffer the loss of our parents, our siblings, and we sorrow at the passing of our youthful ways.

All of these painful, even shocking events, cause many of us to desire permanency. We begin to cling to all that is around us—our family, our children, our job, our traditions—for we are so afraid. We also attempt to control our surroundings, thinking that if we had control in our life we would have prevented so many of our sorrows.

Permanence is an impossibility on Earth. All is changing; nothing remains as it began; frustration and unhappiness result for those who are unaware. For those who do not keep in mind the greater plan, frustration kindles the fire of anger; anger is vented toward all that cannot be controlled. Hatred flourishes,

ravages, and destroys the lives of those who are unaware.

Because of fear engendered by lack of awareness, many parents seek to control their family, their spouse, their children. They become commanding and demanding; And they instill resentment and anger. They eventually cease the functioning of the family union and its ability to act as a harmonious, productive unit.

A parent who is unaware cannot be a proper guide for a child, nor can such a person be a proper type of mate. One who is unaware of his or her reason for existing cannot fulfill the purpose for being. Such a person cannot be a part of the Divine Plan, cannot be a Child of God, a Christ Child.

We must never desire to control another, nor should we attempt totally to control our children. Instead, we should consider our role to be that of a guide.

Remember that the feminine aspect, the positive principle, of our mind is that which forms, which creates. The masculine principle of our mind, the conscious-negative principle, embraces and guides the energy of that created thought into being. The primary function of a parent is to teach the child the ways of a balanced mind, the ways of a balanced perspective.

All children to be balanced mentally, physically, and spiritually must receive a balanced training. Both boys and girls must receive encouragement in their creative abilities in order to discover which ways they can best express themselves, and discover their full potential, their purpose for being. They must also be guided toward those types of creativity which are productive, harmonious, and balanced.

Children must be taught to control their behavior, for self-control is an aspect of the governing and discerning facet of the conscious mind. They must be taught to guide their energies into fields of endeavor worthy of their efforts. They must learn to perceive the rights of others. They must learn to interact with all of matter in harmony with the Divine Plan, for such is the way of God.

Your child is not just a mind that you must teach and a body that you must feed, clothe, and shelter. You must also see to the needs of your child's spirit. 18

Your child must, therefore, be taught how to make spiritual contact, to channel personal teachings from the Higher Self, to receive guidance from his or her Guardian Angel. In time of need, your child must have established a path to travel that will bring comfort and direction. In this way your child's energies will be spent in accordance with the Plan of God, the Christ Vibration.

When you assume the responsibility of rearing a child, think, then, in this manner:

There will exist in my home a being whose spirit and whose Soul came from God. I have been Soul-chosen to be the guiding light on Earth for this child, so that his or her ways might be governed wisely; so that the creation forces inherent in its mind will be expressed; so that whatever spiritual gifts given to it by the Holy Ghost will be used to bring others the light of awareness and the knowledge of God.

This Soul of this child has chosen my spouse; the siblings whom it does, or will possibly, have; the race that we are; the neighborhood in which we plan to live; the country in which we will reside; and the creating and the gaining of the energies to be had from all the experiences which it will have on Earth.

One day the spirit of my child and that of its Soul will return to the Source, and the way that I have reared my child will be reflected in that return. The responsibility is a great one, but I will do it for the fulfillment of the Divine Plan for the glory of God.

It would be ideal, of course, if such an awareness might be realized by both the mother and the father before the child is born. In this way, preparatory measures could be taken on every level to ensure a more balanced interaction, and both parents would have carefully examined their responsibilities to the family unit.

Your child is an energy-system you both have caused

to exist, and is patterned genetically after the coding of you and your spouse. It will be further patterned by the material climate and the spiritual ways which are practiced in your home environment. Your child is the patterned-energy that comes from the union of the fleshly positive and negative principles.

In the early days of its life, your acutely sensitive baby will be totally dependent upon you and its developing senses for its protection. You must be keenly aware of providing the proper visual and verbal stimuli for your child. Your baby's nervous system is yet uncalloused toward the blaring and discordant sounds of the world.

Music can play an extremely important role in setting tranquil moods in calm environments. Your child should never be bombarded by harsh, loud music. It should, rather, be soothed by soft, gentle music, such as the symphonic strings of an orchestra. Be immediately alert to the fact that shock and chaos are ways of the world which should be avoided if you wish to teach your child of harmony, balance, and love.

The effect of colors on humankind is well recognized. Bright colors show forth in splendor at our carnivals and parties. Somber hues decorate our affairs of state and our funerals.

Certain colors may irritate, while others may calm. In an experiment not too long ago, it was noted that people making telephone calls from booths painted blue tended to make longer calls than those phoning from the booths whose interiors were painted in red. In fact, those people in the red booths were said to have become abrupt, rushed, and nervous in their vocal mannerisms.

In another experiment, both blindfolded and blind volunteers ran their fingers over various colors to determine if they could "feel" the various shades. In several repetitions of this test with numerous volunteers, it was found that red caused a tingling, almost irritating sensation. Blue was described as feeling cooler than most of the other colors. Orange was described as a warm, slightly tingling color, and so on.

A wise parent chooses "calm" colors for their child's

room, as well as its toys and clothing. The stimulating color of red should only be used for toys and play clothes, unless the child gives evidence of being hyperactive, then calmer shades should be used. Yellow is a cheery, happy color, jolly as the sun on a fun-filled summer's day. Green is the color of nature, of life, of healing and regeneration. Blue is cool, soothing, and refreshing. Violet is a color that aids in achieving balance. White permits all the colors in the light spectrum to be reflected. White is a good color for your child's curtains and room, especially if there are large windows which permit sunlight to enter freely.

All toys selected for your child should be chosen with care and with regard for the Divine Plan. Toys provided should be those which stimulate, educate, soothe, and emanate love. Avoid toys which promulgate destruction—rubber knives, guns, weapons of war.

Teddy bears, dolls, and soft, cuddly animals should be given to both boys and girls, for we want our sons to be as capable of tenderness and affection as our daughters.

To repeat a note of caution: If your child displays a tendency to be a bit hyperactive, avoid violent toys; bright, garish colors; loud, harsh music, gaudy clothing. You should also eliminate any fluorescent lighting in your home, and remove food coloring and processed white flour and sugar from his or her diet.

Introduce all toys to your child in a loving, pleasant manner. Take the time to show the child the proper manner in which the toy should be handled and respected.

If you need an occasional barometer of your teaching methods, observe your child playing when he or she is unaware of your watching. Such constructive spying will teach you a great deal about your child's understandings of life. A child who is shoved, treated harshly, slapped or screamed at, will almost certainly respond to their dolls, stuffed animals, other simulated lifeforms, and toys, in a similar manner. If you should observe your child slapping, beating, shoving, or throwing its

toys about, correct him or her firmly, but lovingly. At the same time, begin to watch very carefully your own interactions with the child, your spouse, and all those with whom you might be seen to interact.

Star-shaped, luminous decals are excellent for decorating the ceiling of your child's room. They are nearly invisible by day, but they glow beautifully by night, appearing as a natural starlit sky overhead. These glittering stars serve to attract the eye of the child, thereby preventing it from noticing the darkened corners and shadows.

You may decide to become inventive and place the stars on the ceiling in the shapes of zodiacal signs, the Big and Little Dipper, his or her name, and so forth. In a darkened room, the child becomes sleepy as it peers upward at the decals, twinkling as if they were real stars. Instead of a plain ceiling, your child has been provided with a simulation of natural beauty, God's handiwork.

Love cannot be overemphasized in the raising of a child. It is the lack of love that kindles the fire of resentment and hatred, thereby blocking the flow of compassion that should be given to all living things.

* There should exist at all times the sound of love in the parent's voice—a soothing sound that seems to be saying, "Hi, I love you!"

A smile should always greet the child, sometimes accompanied by a raised eyebrow as if to silently say, "I notice your presence and I am very pleased."

Obviously a frown toward a disobedient child—or one about to disobey—will carry far more weight if that is not the expression most frequently worn by the parent. The only "weapon" a parent need use on a wayward child is a change of expression from an approving pleasantness to a frown, and the cessation of the loving soothing quality of the voice to a slow, strong, monotonous sound. The child will hear and notice each and every word, and know that it is being corrected for a disobedient act.

After the child has ceased the action that brought about the necessary discipline, a flow of love should im-

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mediately return to the parent's voice and a smile of approval should be seen on the face, so that the child will know that the act of self-discipline was as lovingly approved as is the child's ways once again.

When in private, a child should be taken to a room other than the one in which the incident occurred, and the reason for his or her discipline should be carefully and firmly explained, without interruptions. A different atmosphere can aid in calming more chaotic emotion. After a thorough explanation has been given, a parent may ask if there are any existing misunderstandings of that which the parent just explained.

"Whys" should be answered lovingly but firmly when explaining your actions to a child. A game should *not* result from this. After all is understood, the child should then be held and shown love before being returned to the room where the discipline became necessary.

Never embarrass your child in public. No purpose is served by such an action, but an undermining of your relationship with your child may easily result.

Frequent threatening is totally uncalled for and is employed by an immature parent who cannot handle the situation.

If you have become so upset that you have physically taken out your frustrations on your child, show genuine sorrow and ask for forgiveness for such a violation of your child's mind, spirit, and body. Explain that you know that you acted in a wrong, foolish manner and promise the child that you will earnestly try never to behave like that again.

When your child sees a parent bullying his or her child or a child slapping his or her younger brother or sister, you should choose this time to inject many teachings and thoughts of awareness in your child. This can be accomplished by presenting questionlike statements such as, "What do you suppose is the reason she is treating that little person like that? Isn't that sad?", or, "Why do you think he is slapping his brother? I feel so sorry for that poor little one!"

A child who has been reared correctly with love and made aware will answer along these lines: "Because he is unhappy, and he doesn't know what real love is," or, "She is taking out her anger on a little person that can't help himself."

Then ask your child further, "What do you think that will do to the little one?"

And the aware child will respond, "Teach him anger and hatred. See how hurt and angry the little one is acting now." Then agree with your child and lovingly praise him or her for being so correct and wise.

Always keep in mind that a child, observing an angry, bitter parent, has lost much respect for that parent. The child will be further guided the improper way if it observes the same angry parent displaying false behavior when approached by another adult. A child watching such a parent feign a sickeningly sweet manner, listening to him or her pretend an assumed, conjured-up joy, and then observing the disposition of the parent immediately return to anger or hatefulness, upon the leaving of the adult soon learns the ways of subterfuge and deceitfulness.

Even more damaging to the child is to observe a parent fawning over another, and then hear that parent make a disparaging remark as the person departs. Can that child trust such a parent? Has he not learned deceitful behavior firsthand? And has he not seen the guiding qualities of his own parent teach the ways of dual behavior, two-facedness?

It is of utmost value on many levels to raise your child with the belief in God-the-Mother, God-the-Father, and God-the-Child, the Divine Plan, for God is all three, the Holy Trinity of the Mother-Father-Child. Tell your child that he or she is unconditionally loved by God and all the Angels, and must in turn love unconditionally all living things.

Children must be taught that no matter where they may go or whatever happens to them in their life, they always have their Heavenly Father-Mother-Child creator that will love them, they will always have their

angelic beings to assist and guide them. This belief will help to sustain them and to keep them in total balance when you may falter or fail in your raising of them, or when life appears unreasonably cruel.

We ourselves cannot be perfect at all times, for we are trying to overcome the imperfections which occurred in our own rearing.

We should, therefore, emphasize that we are merely the Earth parents and that the child would better pattern him or herself after the Heavenly Parents, rather than duplicating our errors. If we teach the child the balancing perfections of the Heavenly Parents—God the Mother and God the Father—the balance of love given universally to all living things, the compassion and understanding shown to humankind, the ways of Divine Justice, reaping what one has sown, and so forth—we will have offered a better guideline for the child to follow and present a higher goal to attain.

This teaching of heavenly Mother-Father-Child is helpful in many ways. The security and the perfections of unconditional love that exist in the Heavenly Realm, which are available to all who are in need, will provide a retreat and a buffer from life's many storms, thus providing your child with a firm foundation in those situations when it appears that all else has failed him or her.

The New Testament of the Bible provides many loving lessons, for Jesus came in the Christ Vibration, being a Christ Child, a son of God. One need not be a Christian to gain from many of the lessons of unconditional love which are contained in Jesus' teachings.

